



Irish Life | in the
community



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Staidéar Fadamseartha na
hÉireann um Dhul in Aois

The Irish Longitudinal
Study on Ageing

Did you know that optimists live longer? 'Secrets of Positive Ageing' revealed at free local seminar



WHO: Professor Rose Anne Kenny, of Trinity College, and the GAA supported by Irish Life.

WHERE: Letterkenny Institute of Technology

WHEN: Friday 22nd March from 2 - 4pm

To register for a free ticket please go to:

gaa.ie/community

or call 01-8964120 to reserve a place.

Walk-ins on the day will also be welcome. Light refreshments and entertainment will be provided.